

## DECLARATION

In terms of the Portuguese legislation (Law nº 5/2007, of January 16 - Framework Law of Physical Activity and Sports - art. 40, paragraph 2) it is a special obligation of the participant to ensure, beforehand, that he/she has no contraindications whatsoever for the practice of the physical activity or sport he/she intends to engage in.

In accordance with the above, I \_\_\_\_\_  
with CC/ passport n.º \_\_\_\_\_ declare that I have taken note of the legislation in force and have no contraindications whatsoever for the practice of the activities and gym sports or other physical and sporting activities proposed, within the scope of the program named \_\_\_\_\_

Yes I authorize the capture of images (photos/videos) in the scope of the practices

No in which I will participate, for the purposes of news, disclosure and promotion.

Yes I have read and accept the privacy policy.

No

Yes I authorize the processing of my personal data for the purpose of marketing

No products and services.

Place: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/2023

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(Signature as per ID document)